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| **Name:** |  | **Date Completed:** |  |

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| 1. **List three instances that could be classed as Lone Working?** | |
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| 1. **Highlight two hazards associated with Lone Working** | | |
| Inability to raise the alarm if needed | Slacking off as you aren’t being supervised |
| Violence from members of the public | Boredom |

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| 1. **Highlight two of your responsibilities when lone working** | | |
| Playing on your mobile phone and getting the top score | Telling your manager the work you haven’t completed |
| Taking care of yourself and others | Reporting accidents, incidents and violence |

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| 1. **List three measures that can be used to protect you when lone working** | | |
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| 1. **Using the box below demonstrate the key steps of a dynamic risk assessment** |

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# Trainer Use Only

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| **Marked By:** |  | | **Signature:** |  | |
| **Score:** |  | **5** | **Pass or Fail:** | Pass | Fail |