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| **Name:** |  | **Date Completed:** |  |

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| 1. **List three instances that could be classed as Lone Working?**
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| 1. **Highlight two hazards associated with Lone Working**
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| [ ]  Inability to raise the alarm if needed | [ ]  Slacking off as you aren’t being supervised |
| [ ]  Violence from members of the public | [ ]  Boredom |

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| 1. **Highlight two of your responsibilities when lone working**
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| [ ]  Playing on your mobile phone and getting the top score | [ ]  Telling your manager the work you haven’t completed |
| [ ]  Taking care of yourself and others | [ ]  Reporting accidents, incidents and violence |

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| 1. **List three measures that can be used to protect you when lone working**
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| 1. **Using the box below demonstrate the key steps of a dynamic risk assessment**
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# Trainer Use Only

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| **Marked By:** |  | **Signature:** |  |
| **Score:** |  | **5** | **Pass or Fail:** | [ ]  Pass | [ ]  Fail |